


**cultura  
inglesa**  
Duque de Caxias

## JOINING FORCES, STRENGTHENING BONDS!

After 2 years of considerable sacrifices  
and challenges, we are back!

With renewed spirits, we strive for a new beginning, now with a more comprehensive, inclusive and optimistic view of the possibilities brought about by the learning gained during the 'storm'. Above all, now is the time to celebrate life, join forces and strengthen the bonds that unite us as learning centres of excellence, guided by the mission of providing constant professional development opportunities for our teachers.

XV Teachers' Forum  
CULTURA INGLESА DUQUE DE CAXIAS  
R. Conde de Porto Alegre, 59  
Jd. 25 de Agosto, D. de Caxias, RJ  
MAP:  Cultura Inglesa Duque de Caxias

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## SUMMARIES AND ABSTRACTS

10.00 - 11.00 - PLENARY 1 : OBJECTS IN THE REARVIEW MIRROR: TRYING TO REGAIN PERSPECTIVE (*LUIZ OTÁVIO BARROS - RICHMOND*) - **SHAKESPEARE HALL**

The pandemic may be, for the most part, under control, but it has uprooted our lives, our sense of self, and our teaching. Two years later, with the benefit of hindsight, it's time to stop and take stock. How has ELT changed - if at all? How has our teaching changed? How have we changed? And where do we go from here? These are some of the questions we will examine in this FACE-TO-FACE (!!!) talk.

*Luiz Otávio Barros* (MA Hons, Lancaster University) has been teaching, training teachers, designing language courses and writing ELT materials since 1990. Formerly academic coordinator at Cultura Inglesa SP, where he was responsible for the advanced levels, as well as COTE, DOTE and DELTA tuition, head of research and development at Associação Alumni SP, where he was in charge of the adult segment, and BRAZ-TESOL's second vice president, Luiz Otávio is co-author of international titles such as English ID, Identities and Personal Best. He has also self-published 100 Phrasal Verbs to Learn for Life and The Only Academic Phrasebook You'll Ever Need.

11.25 - 11:55 - CONCURRENT TALKS 1 (TALK: 25' + Q&A: 5')

**ROOM 101** - TALK 1: REFRESHING OUR CLASSROOM TEACHING - NOTES FROM LESSON OBSERVATIONS (*ALLAN SWEENEY - CULTURA INGLESIA DUQUE DE CAXIAS*)

During this talk, I aim to highlight areas of our classroom teaching which are in need of constant attention. It will hopefully serve as a refresher on how to plan and teach a lesson based on sound ELT principles. The key areas of improvement have been selected from lesson observations I have carried out over the past six years during the CertTESOL course here at Cultura Inglesa - Duque de Caxias.

*Allan Sweeney* works as an EFL teacher and CertTESOL / DipTESOL teacher trainer at Cultura Inglesa - Duque de Caxias. He has been teaching adolescents and adults for 20 years and has been a teacher trainer for 6 years. He holds the CELTA and DELTA and is interested in innovative ways of teaching English.

**ROOM 104** - TALK 2: BRAIN-FRIENDLY LEARNING: ACTIVE STUDY AND AUTONOMY FOR ADULTS (*CAROLINA COELHO - PRIVATE TEACHER*)

This talk aims at discussing the changes in perception that adults need to face in their learning process. During school years, learners were taught what (and how) teachers decided it was important. Therefore, many still believe that others should continue to make those decisions. Besides approaching theoretical aspects of andragogy and neuroscience, participants will explore aspects of active study and how to empower autonomous adult learners, in and outside the class.

*Carolina Coelho* has been in ELT for 15 years. She is a geek English mentor for adults, speaker, and co-author of the book *Práticas de Inglês para Adultos*. Specialized in Pedagogical Neuroscience and Applied Linguistics: English as a foreign language, she produces brain-friendly materials and neuroscience courses.

**ROOM 105 - TALK 3: ANDRAGOGY: TEACHING THE NEGLECTED LEARNER (JAY RODRIGUES - CULTURA INGLESА DUQUE DE CAXIAS)**

This talk aims at enabling teachers to better cater for their adult learners' needs by applying andragogical principles to their teaching practice. I will show teachers the theoretical foundations of andragogy as well as provide them with practical ideas to put into use in their teaching context. Also, teachers are going to have a chance of trying their hands at deploying andragogical strategies to incorporate into their future lessons.

*Jay Rodrigues* is an EFL teacher at Cultura Inglesa Duque de Caxias and has been teaching for over 10 years. He holds the Cambridge CPE (Proficiency) and a Trinity CertTESOL Certificate. He is currently reading for the Trinity DipTESOL.

**ROOM 208 - TALK 4: STRUNG TOGETHER WE ARE STRONGER - A COLLABORATIVE APPROACH IN TEACHER DEVELOPMENT (LEONARDO OLIVEIRA - CULTURA INGLESА NOVA FRIBURGO / RIO BONITO)**

It is widespread and said that students in the 21st Century should develop some skills in order to succeed in their professional and personal lives. Thus Communication, Creativity, Critical thinking and Collaboration have become a common sense amongst educators all over the world. How about teachers? Shouldn't they also improve those skills to succeed in their careers?

Out of the four Cs, Collaboration stands out as the most challenging one in many schools. A highly competitive professional atmosphere, lack of time, no incentive from school managers are a few reasons why. Teaching must be a very painful job when teachers work isolated. On the other hand, if they string together to achieve common goals they may be very benefited.

Since 2019, Cultura Inglesa Nova Friburgo has been implementing a more collaborative approach in teacher development programmes. Far beyond a company demand, this programme reflects the school DNA. In this talk, I am sharing this experience from a manager's perspective.

*Leonardo Oliveira* is currently in charge of Cultura Inglesa Rio Bonito and Nova Friburgo. He has been working with teacher development programmes for more than 25 years. In addition to a degree in Letras (UERJ), he has a postgraduate degree in Pedagogy (Faculdades Pedro II-92), a teacher development certificate in England (EF-95), a Celta (UP LANGUAGES-2008). He participates regularly in BRAZ TESOL Conferences and has also attended an IATEFL Conference in Glasgow. These experiences have hugely impacted his mindset about teachers' professional growth through collaborative work.

**ROOM 209 - TALK 5: RETHINKING CONTINUING EDUCATION FOR ENGLISH TEACHERS  
(SAMANTHA BERNARDO & JHONATAN DO NASCIMENTO - PEARSON)**

This session aims to present the scenario of the training of English language teachers in Brazil and then analyze the mapping of skills of the area in decline and ascension according to studies and research from different countries and institutions. Finally, we will address the opportunities for professional development in English language teaching considering proficiency, methodologies and approaches that are essential for the Brazilian context.

*Samantha Bernardo* has been teaching English for more than 10 years. She worked as a teacher in public and private schools, as coordinator in bilingual schools and currently is part of the Academic Services department in Pearson Brazil, working as a consultant in international and bilingual schools and language centers throughout Brazil. She holds a BA in English Language, a Postgraduate Degree in Bilingual Education, and has taken extension courses in NY and Vancouver.

*Jhonatan do Nascimento* holds a postgraduate degree in methodologies and practices for bilingual education from the Instituto Singularidades - SP, a graduate degree in English-Literature from the Faculdade Cultura Inglesa - SP and holds both the CELTA & CPE certificates from Cambridge University. He has experience in the area of English Language Teaching and has worked in English Language teaching and learning courses. He is currently developing research in the field of Assessment for Learning and is the coordinator of the Assessments department at Pearson Brazil.

11:50 - 12:20 - CONCURRENT TALKS 2 (TALK: 25' + Q&A: 5')

**ROOM 101 - TALK 6: ONLINE TOOLS TO ENRICH TEACHING AND LEARNING EXPERIENCES  
(LUCAS NASCIMENTO - CULTURA INGLESA DUQUE DE CAXIAS)**

During online and hybrid lessons, teachers were faced with lots of difficulties on how to get learners' attention and keep them motivated to continue studying. Some websites came in handy to boost teachers' and learners' engagement to language studies through interactive activities in the lessons that involve games, songs and other collaborative tasks. The main point in this talk is to share and exchange experience of what teachers have done during social distancing and ways to improve the use of technology in the classroom nowadays after pupils have returned face-to-face.

*Lucas Nascimento* has been a teacher for 3 years. He is also a mentor at Cultura Inglesa Duque de Caxias, where he is responsible for course design and development, recruitment and training of teachers for Cultura's bilingual programme. He has a BA in Languages: Portuguese / English (UVA). He holds the CAE (Cambridge), TKT Modules 1, 2, 3 & CLIL (Cambridge), EMI: Maths & Science (OUP) and the CertTESOL (Trinity). He is currently reading for the Trinity DipTESOL.

**ROOM 104 - TALK 7: SUCCESSFULLY PREPARING TOEFL iBT TAKERS (SANDRO DWARFFY - TOEFL SUCCESS)**

This talk intends to guide teachers who want to begin preparing candidates for TOEFL. Attendees will be introduced to the four sections of the exam, being informed about how the speaking and writing assessment works and strategies to help candidates tackle each part successfully. By the end of the session, participants will have learnt the competences exam takers need to sharpen to achieve a high-level score; after having been exposed to essential test-taking skills to perform well on the exam.

*Sandro Dwarffy* is an English language teacher, TOEFL Trainer, speaker, founder of TOEFL Success, co-author of *Inglês do Seu Jeito*, and technical coordinator of *Práticas de Inglês para Adultos*. Based in RJ, Sandro holds the Proficiency and TKT (1-3) Certificates (Cambridge, UK) and a C2 DELE certificate (Instituto Cervantes, Spain).

**ROOM 105 - TALK 8: A FRAMEWORK FOR TEACHING RECEPTIVE SKILLS (JACQUELINE MARCHIOTE - CULTURA INGLESADA DUQUE DE CAXIAS)**

Teaching skills is a daily routine in the life of a language teacher. All we want is to help learners become autonomous users of English, but how can we do it? During my DipTESOL, after delving into the teaching literature, a question has emerged: Have we been 'testing skills' or 'teaching skills'? This talk aims at introducing a framework for teaching receptive skills. This framework may help teachers prepare receptive skills lessons as well as students gain confidence and raise their awareness of some strategies to be used when dealing with difficulties, to create opportunities for learners to become better readers / listeners.

*Jacqueline Marchiote Vaz* has been teaching English for over 20 years in the private and public sectors. She holds a postgraduate degree in English Teaching and a CertTESOL certificate. She is currently reading for the DipTESOL.

**ROOM 208 - TALK 9: UNVEILING THE TEENAGE BRAIN (LILIAN SALLES - CULTURA INGLESADA DUQUE DE CAXIAS)**

How many times have you heard teachers say: "I hate teaching teenagers"? How about people who have already had problems with a teenager in the classroom? We believe that just by investigating what is behind the emotional clouds involving adults and teens, we might be able to overcome some ancient issues and build a more productive classroom environment. Based on our classroom experiences, we have decided to unveil the teenage brain.

*Lilian Leite* has been an English teacher for over 13 years and currently works for Cultura Inglesa Duque de Caxias. She holds the TKT Module 1 certificate, ECPE and a postgraduate degree in English Teaching. She has been a speaker at BRAZ TESOL Rio Chapter a couple of times. She is also a Social Scientist (UFRJ) who researches education since 2005. She is currently taking her second postgraduate course in Psychopedagogy (CBI - Miami). Lilian has lived abroad as an au pair for over a year, taking care of kids and has traveled to many countries, having the opportunity to deal with different cultures. She believes the differences between people are the key to understanding and improving our lives.

**ROOM 209 - TALK 10: HOW TO SELECT AND USE BOARD GAMES IN THE CLASSROOM (AURÉLIO BARBOSA - CULTURA INGLESA DUQUE DE CAXIAS)**

This talk will cover all you need to know to select an appropriate boardgame to use in class, ranging from basic to advanced groups. Being mindful of these criteria can help you choose games to develop not only communication skills but also vocabulary and even extensive reading while students are engaged in a meaningful activity.

*Aurélio Barbosa* has been a teacher for 11 years. He holds a BA and MA in History. He has also taken the CPE and the CertTESOL. His interests include storytelling, games and ancient history and languages.

12:20 - 13:30 - LUNCH

**IMPORTANT: Lunch will be provided FREE OF CHARGE. Please check your VOUCHER for lunchtime. It will be offered at ESPAÇO GOURMET (3rd FLOOR). After getting your packed lunch, you can go to any of the rooms below, to have your meal: 201 / 202 / 203 / 204 / 206**

**13:30 - 14:30 - PLENARY 2: EDUCATION 5.0 & THE FUTURE OF EDUCATION (VIRGÍNIA GARCIA - INTERNATIONAL SCHOOL) - SHAKESPEARE HALL**

In this presentation, we will look at how educational approaches have developed over time since the 17th century until the educational qualitative leap in the 21st century. The recent educational trend known as Education 5.0 will be our focus, and our discussion will be centred on the school ecosystem, the role of the teacher and the methodological implications for Multilingual Education.

*Virginia Garcia* has extensive experience in Educational Management having worked in several national and international companies. Virginia holds a degree in Philosophy (UFRJ), a DipTEFLA RSA, an MA in The Management of the Educational Curriculum (University of Reading - UK). She also has two MBAs, one from Henley Management School in the UK and another in Book Publishing (FGV -RJ). Currently, Virginia Garcia is the VP of Lifecycle & Innovation at International School, São Paulo.

14:35 - 15:20 - CONCURRENT WORKSHOPS (Workshop: 40' + Q&A: 5')

**ROOM 101 - PRACTICAL IDEAS TO GET YOUR STUDENTS TO SPEAK USING COLLABORATION (LÍDIA MORAES - CULTURA INGLESA NOVA FRIBURGO)**

Considering the 21st century world, English teaching should provide students with the possibility of exploring their autonomy, technological literacy, interpersonal abilities and critical thinking. To achieve these goals, traditional teaching approaches fail for having teacher-centred classes and students relegated to a passive role. What is needed is a type of class that can enhance students' voices and build real citizens to the modern society. It is also important to consider students' engagement during the learning process. When they can relate to a task and feel they are subjects of their own learning process it all becomes more effective. Bearing this in mind, the goal of this presentation is to provide tools and share ideas of how we can construct student-centered classes by maximizing student talking time through collaborative work and use of language in context.

*Lídia Moraes* has a degree in Letras - Portuguese / English language (UFF), a postgraduate degree in Pedagogical Coordination and is currently having a Master's degree in Applied Linguistics. She has been teaching English for 7 years and has been working at Cultura Inglesa Nova Friburgo for 2 years.

**ROOM 104 - PROMOTING TEACHER AND STUDENT WELL-BEING AND SOCIAL EMOTIONAL LEARNING (LISLEI DOUROUCAS - CULTURA INGLESA DUQUE DE CAXIAS)**

Social emotional learning (SEL) is the process through which people acquire and apply the necessary skills and attitudes to manage emotions, show empathy for others and achieve goals. Thus, activities that enable SEL are likely to create learning environments that are conducive to trusting and collaborative relationships. This workshop aims to provide teachers with classroom activities that will enable them to create a more welcoming atmosphere in which students feel comfortable to share and to collaborate with each other.

*Lislei Douroucas* has been a teacher for 20 years, 10 of which also working as a teacher trainer. She holds a BA in Languages and has a postgraduate degree in Positive Psychology. She has also taken the ICALT. Among her main interests currently are creativity, self-directed learning and social emotional learning.

**ROOM 208 - USING AUTHENTIC MATERIALS IN CLASS (RODRIGO ALVES - CULTURA INGLESA NOVA FRIBURGO)**

It is much harder to get students engaged in the lessons if we teachers rely only on the use of course books and neglect other sources to make classes more interesting. Authentic materials, if well chosen, can be more engaging and relevant to learners, arouse their curiosity and develop fluency. In this workshop, participants will be given practical ideas and examples of how to personalize their lessons with the use of authentic materials.

*Rodrigo Alves* has a degree in Psychology (Estácio de Sá - 2021). He has been teaching English since 2013 and has worked at Cultura Inglesa for 8 years. He is a Cambridge English Advanced (C1) holder.

**ROOM 209 - MAKING STUDENTS BLOOM: A TAXONOMY DESIGNED FOR SUCCESS  
(MARCELLE DUARTE & SÉRGIO SILVA - CULTURA INGLESA DUQUE DE CAXIAS)**

As self-respecting professionals, we are always on the lookout for insights that might help us improve our practice even further. The aim of this workshop is to put forward the case for adopting Bloom's taxonomy as yet another principle for planning and delivering our lessons with a view to fostering 'deep learning'. Participants will have a chance to try out some of the ideas and assess their suitability to their teaching context.

*Marcelle Duarte* has got a degree in Portuguese-English from UFRJ, a postgraduate degree in English from PUC-RJ and a postgraduate degree in Bilingual Education. She has worked as an EFL teacher for over 20 years and has also been a teacher trainer for over 10 years. She holds the CPE, TKT, TKT – KAL, TKT – YL, TKT – CLIL, ICELT and DELTA Module 1 certificates.

*Sérgio Silva* has extensive experience as a teacher and teacher trainer. He holds the DELTA (Cambridge), the COTE and an MA in Applied Linguistics (Universidade Federal Fluminense). He's also a LTCL DipTESOL (Trinity) tutor, a CertTESOL (Trinity) tutor. He is a director at Cultura Inglesa Duque de Caxias, where he is involved in Cultura's Bilingual Programme, responsible for course design and development, recruitment and training of teachers among other key duties. He participates regularly in Conferences and Teachers' Forums in Brazil and abroad, such as IATEFL, ABCI Conference, LABCI Conference, etc.

**16:00 - 16:30 - PLENARY 3: TEACHER MORALE IS AT A LOW POINT - BUT HERE IS HOW SOME TEACHERS ARE FINDING HOPE (ALEXSANDRO SILVA, MARCELLE DUARTE, LISLEI DOUROUCAS - CULTURA INGLESA DUQUE DE CAXIAS) - SHAKESPEARE HALL**



In this talk, we are going to address an issue that we consider of extreme importance, especially since the start of the Coronavirus pandemic in 2020. For the past two and a half years, we have all been facing considerable challenges and sacrifices, and teacher morale seems to be at a rather low point. We felt the need to investigate and try to understand why job satisfaction is so low by carrying out a survey and one-to-one interviews with teachers in our school. In this plenary we are going to report some of our findings and share how some teachers are finding hope. We hope this helps us consider strategies for restoring teacher wellbeing in the upcoming years.

**Alexsandro Silva** has been a teacher and teacher trainer for over 20 years. He holds the DELTA (Cambridge) and also a BA in Languages - Portuguese / English (UVA) and a BA in History (UFRJ). He is an Academic Coordinator at Cultura Inglesa Duque de Caxias, where he is head of Trinity courses, and has the primary responsibility for course validation, course design and development, quality and overall course management. He's also a course tutor for the LTCL DipTESOL (Trinity) and the CertTESOL (Trinity). He is head of Cultura's Bilingual Programme, responsible for liaising with schools in Duque de Caxias to develop the programme locally. He participates regularly in Conferences and Teachers' Forums in Brazil and abroad, such as IATEFL, ABCI Conference, BrazTESOL Conference, LABCI Conference, etc.

**Marcelle Duarte** has got a degree in Portuguese-English from UFRJ, a postgraduate degree in English from PUC – RJ and a postgraduate degree in Bilingual Education. She has worked as an EFL teacher for over 20 years and has also been a teacher trainer for over 10 years. She holds the CPE, TKT, TKT – KAL, TKT – YL, TKT – CLIL, ICELT and DELTA Module 1 certificates.

**Lislei Douroucas** has been a teacher for 20 years, 10 of which also working as a teacher trainer. She holds a BA in Languages and has a postgraduate degree in Positive Psychology. She has also taken ICELT. Among her main interests currently are creativity, self-directed learning and social emotional learning.

**16:30 - 16:55 - PANEL DISCUSSION: TEACHER WELLBEING - SOME INSIGHTS FOR THE UPCOMING YEARS (LISLEI DOUROUCAS, VIRGÍNIA GARCIA, LEONARDO OLIVEIRA, ALEXSANDRO SILVA) - SHAKESPEARE HALL**

**16:55 - 17:00 - FINAL ADDRESS (SÉRGIO SILVA) - SHAKESPEARE HALL**